

# Care.com Family Care Benefits

Care.com's family care benefits are here to support you as you're trying to manage it all while caring for those you love, including yourself.

#### **BENEFITS INCLUDE:**

### **Care.com Membership**

Post jobs, search, and reach out to local caregivers 24/7, to find care for children, adults, pets, housekeeping, tutors, and more.

## **Backup Care**

Vetted and subsidized adult care and child care, when your regular care is not available, and reimbursement for child, adult and pet care through your personal network when innetwork options are not available.

**Enroll today to access** your family care benefits.

# YOUR BENEFITS INCLUDE:

Care.com Membership Child & Adult Backup Care

# YOUR BACKUP CARE BENEFIT DETAILS:

Up to 10 days per year

(combined between child and adult care)

# SUBSIDIZED RATES:

\$8 hour for in-home care \$15 day/child for in-center care

A Premium Care.com membership and subsidized Backup Care at the advertised rates are available to all MedStar Health associates, with the following exceptions: secondary jobs, PRN, contractor/contingent workers, temps, and students/interns/residents (except medical residents and nurse residents).



## **Frequently Asked Questions**

#### What is Care.com?

Care.com is an employee benefit that helps manage your family care needs while balancing work. Enroll today to learn more.

## How do I sign up?

Visit your company's Care.com website or download the Care.com app to enroll (available in the App Store on your iOS device, and on Google Play). Your HR department has selected your username, which could be your work email address, employee ID, or another unique employee identifier.

# I have questions about my Care.com benefits. Who should I contact?

You can talk to a member of your HR department or contact Care.com directly by calling 855.781.1303 or emailing <a href="mailto:careteam@care.com">careteam@care.com</a>.

# What kind of information do I need to provide about my dependents?

To ensure your care needs are met, we will ask for the following information during enrollment: name, age, gender, and details on any special needs.

## **How it Works:**

- 1 Enroll and log in to your account through your company's Care.com website or the Care.com app to get started. You can also call 855.781.1303.
- 2 Identify the type of care you need on your company's Care.com website or the app. If you're calling in, press the number that corresponds to your care needs.
- 3 Follow the prompts to complete your search for care.



