

Urinary Symptom Questionnaire for Neurogenic Bladder-Void (USQNB-V)

Directions—Under each category, please mark each symptom/s you are experiencing. Fill in the total of each symptom category on page 2. Then, follow the flow chart (page 2) to guide your decision-making for your symptoms.

ACTIONABLE

- Bladder spasm frequency/discomfort
- Difficulty ambulating
- Increase in tone/spasticity (not bladder spasms)
- Sweating
- Feeling feverish
- Difficulty thinking, mental fogginess, forgetfulness
- Autonomic Dysreflexia (AD) **Spinal Cord Injury ONLY****
- MS Flare-up **Multiple Sclerosis ONLY**

_____ Total "Actionable" Symptoms

- **If one or more symptoms then consider seeking medical attention for assessment of symptoms**

BLADDER

- Blood in urine
- Increased frequency of urination
- Urinary urgency
- Incontinence/ urine leakage
- Sensation of urgency
- Reduced urine volume
- Inability to fully empty bladder
- Weak urine stream

_____ Total "Bladder" Symptoms

- **If one or more Bladder AND one or more Actionable, then consider seeking medical attention for UTI assessment**
- **If four or more then consider seeking medical assessment of bladder function**
- **If one to three and no other symptoms, self-manage + monitor symptoms**

URINE QUALITY

- Worse-smelling urine
- Darker urine
- Cloudier/sediment in urine

_____ Total "Urine Quality" Symptoms

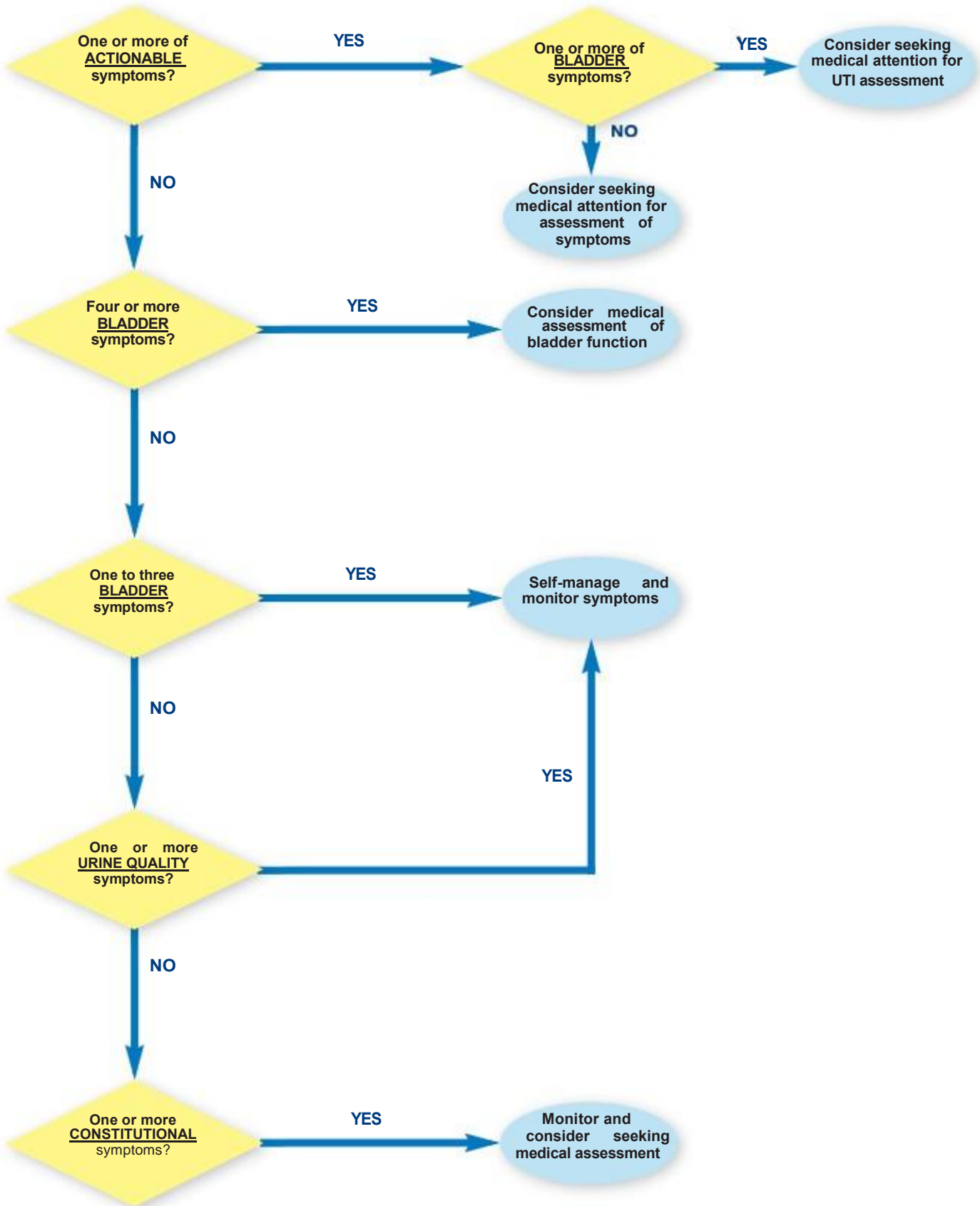
- **If one or more and no other symptoms, self-manage + monitor symptoms**

CONSTITUTIONAL

- Malaise, feeling unwell
- Increase in fatigue, lethargy, or weakness
- Chills
- Nausea
- Vomiting

_____ Total "Constitutional" Symptoms

- **If one or more and no other symptoms then monitor and consider seeking medical assessment**



Symptom Category	Total
Actionable	
Bladder	
Urine Quality	
Constitutional	